JUNE 2019 RECREATION & ACTIVITIES
(Schedule and activities subject to weather and changing conditions - visit the Recreation Desk for updates.)

www.rushcreeklodge.com  (209) 379 2373 ext. 3  recreation@rushcreeklodge.com
GUIDED RECREATION

TOURING & HIKING

‘Wonders of Yosemite’ Hike & Tour
Enjoy the beauty and grandeur of Yosemite during our unique combination of Yosemite Valley and Giant Sequoia guided naturalist tour. This two-in-one tour offers an unparalleled Yosemite experience, from dramatic waterfalls, endless wildflowers and stunning panoramas, to a serene 3-mile hike to the Giant Sequoia trees. Reservations encouraged, 9:15am-5:30pm, $175 per adult, $95 per youth (8-12)

Yosemite Valley & Glacier Point Tour
The quintessential Yosemite tour. This wide-ranging tour takes you high above the Yosemite Valley floor to a magnificent vista, Glacier Point. Enjoy panoramic views of Yosemite Valley and Half Dome, then continue on with a memorable tour of the Valley, visiting impressive waterfalls, scenic vistas and other famous attractions. You’ll have the option to enjoy a spectacular self-guided hike down the famous Four Mile Trail. This trip combines our popular Valley Tour with hiker-drop off and pick up. Reservations encouraged, 9:15am-5:30pm, $175 per adult, $95 per youth (4-12)

Big Trees Hike & Swim*
Experience the unique beauty and majesty of the western Sierra on this half day adventure to Yosemite’s Giant Sequoias. This 3-mile round trip historic walk takes you along one the first roads into Yosemite, past countless wildflowers and into a grove of Giant Sequoias, the largest living tree species on Earth! Just as the day starts to heat up we’ll head deeper into Yosemite for lunch beside one of our favorite swimming holes. Reservations encouraged, 9:15am-2:30pm, $150 per adult, $80 per youth (8-12)
*Swimming is dependent on water levels. Contact the Recreation Department for current water levels.

Rainbow Pools ‘Bike & Swim’* (Departs from Evergreen Lodge)
Enjoy stunning vistas over the Tuolumne River canyon and blooming wildflowers on our 10-mile one-way bike ride to the beautiful and historic Rainbow Pools swimming hole. Afterwards join our knowledgeable naturalist guides for a picnic and swim beneath waterfalls before our van takes us back to the lodge. Offered most days, 9:45am-2pm, $150 per adult, $80 per youth (10-12)
*Swimming is dependent on water levels. Contact the Recreation Department for current water levels.

Sunset Vista Happy Hour Tour (Departs from Evergreen Lodge)
What better way to end your day in Yosemite than watching the last rays of the sun illuminate the majestic Tuolumne River Valley? Our guide will drive you up to a dramatic vista where you can relax with some wine (or a non-alcoholic beverage) and snack on a delicious cheese plate. Bring your camera to catch the amazing views, and maybe some twilight wildlife! Reservations encouraged, 7:30pm-9:30pm, $55 per adult, $30 per youth (12 and under)

RAFTING & FLY FISHING

Rafting Trips on the Tuolumne & Merced Rivers
Experience the exhilaration of the finest whitewater rafting in the state on the beautiful Merced and Tuolumne Rivers (class III to V). Full and half day trips are available. Offered daily, times vary and prices start at $119 per adult, $108 per youth (10-17), visit the Recreation Desk for details and booking.

Private Full & Half Day Fly Fishing Trips
Our Private Fly Fishing trips allow every experience level to find just what they need in order to obtain the upper hand in the Yosemite area. Our knowledgeable outfitters get you away from all the crowds of Yosemite’s main tourist attractions, as you fly fish in pristine locations around our beautiful park. Advance reservation required, visit the Recreation Desk for details. Private Half Day prices start at $300, Private Full Day prices start at $450

FOR AVAILABILITY & RESERVATIONS:
Visit www.RushCreekLodge.com/Explore; email Recreation@RushCreekLodge.com; call (209) 379-2373 extension 3; or visit the Recreation Desk in the Guest Lounge.
**DAILY ACTIVITIES**

### ONSITE FUN

**Stargazing at Rush Creek**
Experience the night sky like never before! Up close to nature’s light show, you will be gazing through our 12” aperture Dobsonian telescope with go-to tracking technology. Learn about constellations, observe planets, nebulas, galaxies, and other celestial wonders. *Advance reservation required, $35 per adult, $15 per youth (ages 4 to 12).*

**California Craft Beer Tasting**
Sample at least 4 beers indigenous to the Golden State while learning some brewing history to boot. Includes souvenir tasting glass and snacks. (Must be 21 or older.) *Advance reservation required, 6-7:30pm, $25 per person.*

**Glass Blowing Experience**
Join our experts for an exciting introduction to the art of hot glass blowing, and create your very own piece of glass art. No experience is necessary for this mesmerizing 90-minute class. All take-home glass pieces need overnight annealing (a cooling process) and will be ready for pick-up the next day. *Advance reservation required, $95 per person. Must be 8 years of age or older to participate, ages 8-16 require adult supervision.*

**Live Music! Join us for live music by the Pool!**
- **Thursday, June 6, 6pm:** The Lack Family. Upbeat Alternative and Rock
- **Sunday, June 9, 3pm:** Heather Normandale Band. Rhythmic blend of Folk and Pop
- **Thursday, June 13, 6pm:** Plan B. Classic Rock from the 50’s, 60’s and 70’s
- **Sunday, June 16, 3pm:** Love Eternal. Reggae and Soulful Rock
- **Thursday, June 20, 6pm:** Hunter Green – Reggae, Rock and Hip Hop blend
- **Thursday, June 27, 6pm:** The Alpine Camp. Americana Roots Rock and Pop

Visit the Recreation Desk for information on additional live music happening at our sister property, Evergreen Lodge.

### WELLNESS

**Therapeutic Massage**
Round out your Yosemite adventure with our talented team of certified massage therapists. Our revitalizing massages include a balancing Rush Creek Signature, relaxing Swedish, therapeutic Deep Tissue, soothing Hot Stone, and comforting Pregnancy massage. More treatments and enhancements are available. *Advance reservation required, 25, 50 and 80-minute sessions available.*

*Visit Recreation Desk for availability and details.*

**Yoga Session**
Join us for an energizing morning or rejuvenating sunset yoga session. We combine slow and fluid movements, muscle-strengthening poses, deep stretches and breath work. Classes are designed for all ability levels. Must be 12 or older. *Advance reservation required. $30 per person. Visit Recreation Desk for availability and details.*

**Small Group Boga Session**
Try something innovative and fun: Bogafit aquatic fitness class! Our certified instructors combine the best aspects of yoga, Pilates, and boot camp workouts on floating mats in our heated saltwater pool! Exercise your core muscle groups while improving balance and coordination. It’s the perfect fun fitness class for all levels, regardless of experience, and family-friendly too! Must be 5 years or older and know how to swim to participate. Underage youth must have an adult present. *Advance Reservation Required, $30 per person. Visit Recreation Desk for availability and details.*

FRESHLY MADE SANDWICHES, WRAPS & SALADS ARE AVAILABLE FOR PURCHASE IN THE GENERAL STORE FOR YOUR SELF-GUIDED ADVENTURES.
DAILY ACTIVITIES

Monday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Basket Weaving:** 3-5pm, Purchase from Recreation Desk ($10 per basket). Participate in a traditional Miwok craft, and weave your own reed basket to take home with you.
- **Yosemite Miwok Talk:** 7pm, Guest Lounge. Learn about the native Miwok of Yosemite and hear stories of their life and history in the valley.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit. Classic campfire treat of marshmallow, chocolate and graham cracker toasted over an open fire.

Tuesday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Tie Dye!** 3-5pm, $20 includes logo t-shirt- Buy at Recreation Desk. Create a colorful souvenir you can wear all summer to remind you of your Yosemite vacation.
- **Yosemite Trivia Night:** 7pm, Guest Lounge. Bring your friends and family to test your knowledge of this beautiful area. 1st, 2nd and 3rd place prizes!
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

Wednesday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Animal Tracks:** 3-5pm, Game Room ($10 per track). It's time to get creative! Using clay and life size animal track molds, create your own imprint to take home.
- **Rim Fire Talk:** 7pm, Guest Lounge. Learn the story behind the smoke. Join us as we discuss California's 5th largest wildfire, the 2013 Rim Fire, and its impact on the surrounding Stanislaus National Forest and Yosemite National Park.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

Thursday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Owl Pellet Activity:** 3-5pm, Purchase from Recreation Desk ($5 per pellet). Have you ever wondered what an owl has for dinner? Find out by dissecting an actual owl pellet in this fun hands-on activity.
- **Wildlife Talk:** 7pm, Guest Lounge. Learn about some of Yosemite's plants and animals.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

Friday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Crack Your Own Geode:** 3-5pm, Purchase from Recreation Desk ($10 per geode). Crack your very own geode and discover the crystals that lie within.
- **Rock Talk:** 7pm, Guest Lounge. Learn all about geology and how it plays into the beauty of Yosemite.
- **S'mores:** 7pm-9pm, Outdoor Fire Pit
- **Karaoke:** 9-12pm, Tavern. Bring your friends and family to join our lovely and talented host, Sam, for some sing-your-heart-out karaoke to a selection of thousands of songs and a ton of fun!

Saturday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Tie Dye!** 3-5pm, $20 includes logo t-shirt- Buy at Recreation Desk
- **Bingo!** 7pm, Guest Lounge. Great for the entire family. Win prizes!
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

Sunday
- **Kids Craft:** 10am-3pm, Game Room. Drop in for a self-guided, kid friendly craft
- **Sierra Reptile Painting:** 3-5pm, Purchase from Recreation Desk ($5 per snake). Learn about our local reptiles while creating a fun souvenir during this self-guided craft.
- **Rim Fire Talk:** 7pm, Guest Lounge
- **S'mores:** 7pm-9pm, Outdoor Fire Pit

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